# **National Department of Health**





### Pharmacoeconomic Workshop Lessons Learnt and Future Perspectives

**Trudy Leong** National Department of Health Essential Drugs Programme



9 October 2019



A long and healthy life for all South Africans



### Health Technology Assessment I Expectations



- What are the Essential Drug Programme's needs and expectations regarding Health
- Technology Assessments (HTA), availability and pricing of medicines?





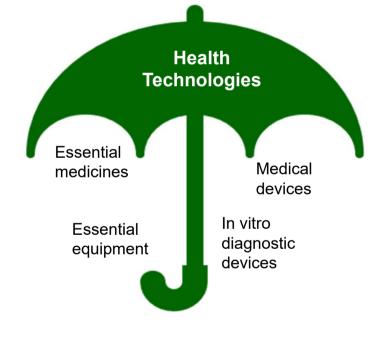


## Health Technology Assessment I New Technologies



### **Universal Health Coverage**

One of the cornerstones of Universal Health Coverage is access to essential health technologies



New innovative health technologies *aim* to benefit healthcare of patients

But

Health interventions may either:

- Have no net health gains compared to current standard of care or cause harm
- Prove effective, but require additional resources or redistribution of resources

#### Thus

Systematic HTA evaluation is required to optimise care using available resources.

- Good governance and evidence-based principles
- Consider organisational, societal and ethical issues

#### Outcome

Cost-effective, patient focused policies that seek to achieve best value based on research and scientific method

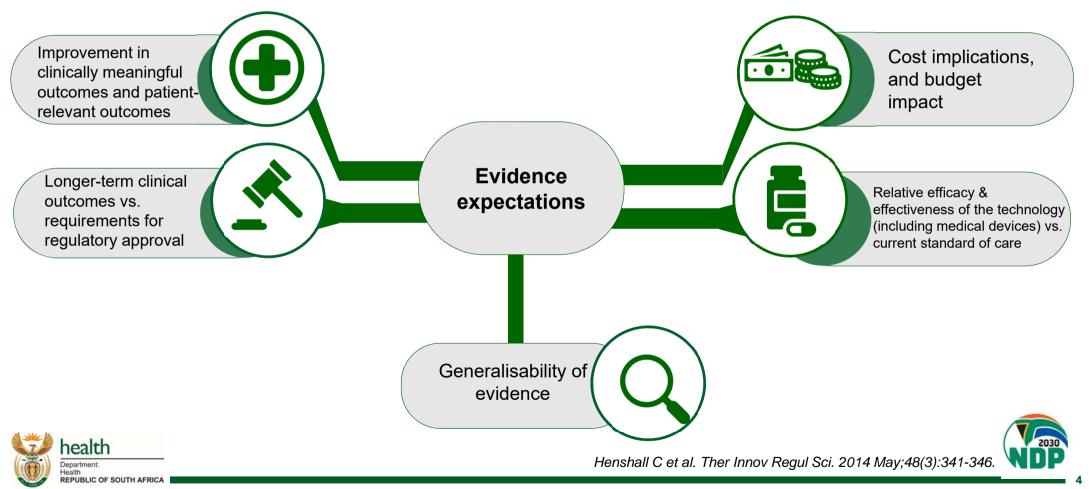




### Evidence expectations for Health Technology Assessments

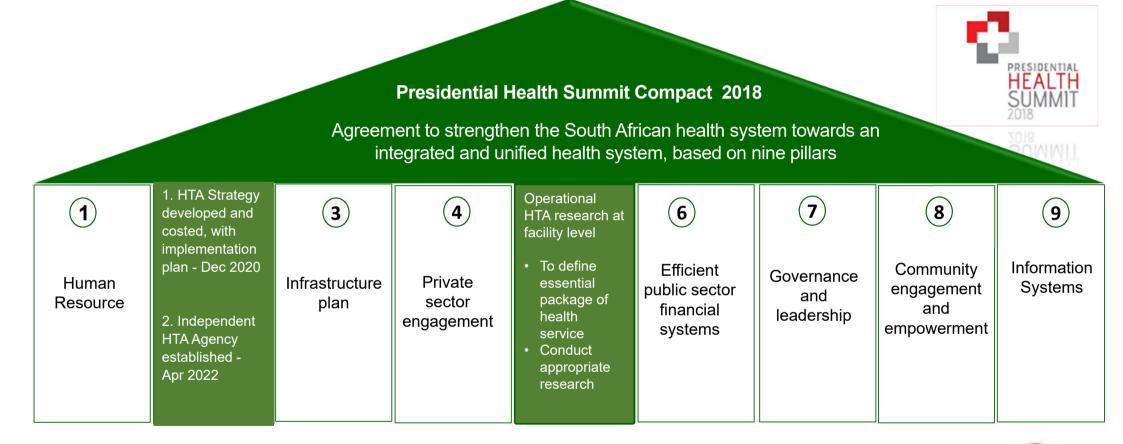


Besides evidence of efficacy required for regulatory approval, additional evidence requirements include:



### Health Technology Assessment I Health Compact









### Health Technology Assessment I National Health Insurance



National Health Insurance Bill (Government Gazette No. 42598 of 26 July 2019)



- NHI Bill is out for public comment
  - Notice for comment period extended until 29 November 2019

• NHI is a journey, not a destination

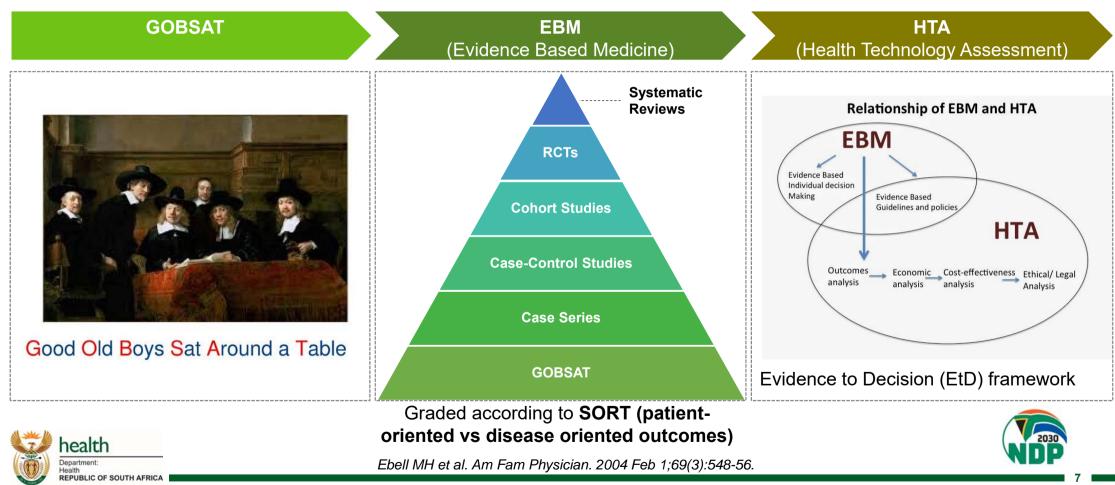




# Essential Medicines I Progress of review process



### Progress of decision making



## Challenges and uncertainties I Prioritisation



#### Scenario:

- Costing the package of services for PHC key to roll-out UHC
- Includes essential medicines, essential equipment, medical devices, in vitro diagnostic devices and procedures

The NHI Bill states " The Benefits Advisory Committee must determine and review-

(a) the health care service benefits and types of services to be reimbursed at each level of care at **primary health care facilities** and at district, regional and tertiary hospitals;

(b) detailed and cost-effective treatment guidelines that take into account the emergence of new technologies; and

(c) in consultation with the Minister and the Board, the health service benefits provided by the Fund"

Challenge: HTA which is to inform decision-making is complex and resource-intensive

It is impractical to use HTA for all aspects of the full PHC package of services

Intervention: Topic prioritisation is required

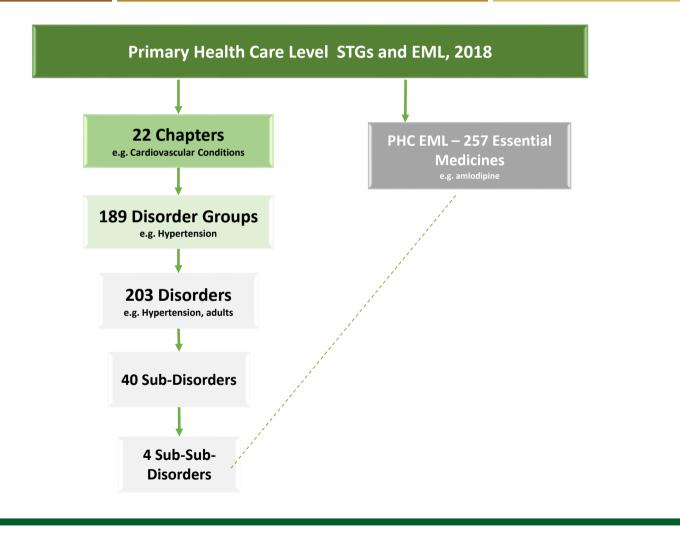
(avoid parallel review streams, time high priority reviews effectively, decommission HTA as required)





### Primary Health Care STGs and EML, 2018









## Challenges and uncertainties I Real-World Data



#### Scenario:

- Cost-effectiveness model for influenza vaccination: generally poor uptake, varies across facilities and quantification of unused supplies unknown
- Generalisability when extrapolating from international HTAs may be a concern
- Evidence derived from the analysis of real world data is preferred *observational* (e.g. research data) or *administrative* (e.g. registries, electronic health records, claims/billing datasets, mobile health applications)

**Challenge:** Model parameters using real-word data may incorrectly inform decisions (uncertainties in models will be commonplace)

*Intervention:* Health systems strengthening is key – quality, standardised and efficient health care delivery platforms needed to provide robust real-world data. Research required for the cost of implementation barriers and quality care?





## Challenges and uncertainties I Disinvestment



### Scenario:

Kanamycin: Previous DR-TB programme was ineffective: 30% pre-XDR incidence rate

Improved treatment success rate with non-injectable DR-TB regimen vs previous kanamycin-containing regimen

- Healthcare systems with scarce resources and increasing demands requires "disinvestment" from low-value services and reinvestment in highvalue ones – supported by HTAs
- Reassessment of technologies already in use within health system may also identify opportunities for disinvestment
- But, identifying these technologies requires a structured methodology yet to be established

**Challenge:** Infectious diseases guidelines are tools to implement a new antimicrobial, with the simultaneous disposal of the current alternative. However, the cost of the disposed intervention should be considered.

*Intervention*: HTAs for new innovations where implementation may result in fruitless expenditure should cost in the additional financial burden





Pereira VC et al. PLoS One. 2019 Jul 29;14(7):e0220131

### Challenges and uncertainties I Implementation

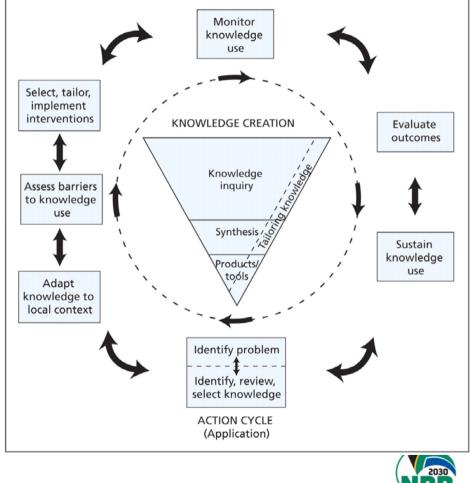


### Knowledge translation strengthening

- Putting knowledge into action:
  - Awareness
  - Acceptability
  - Applicability
  - Ability
  - Acted upon
  - Agreed to
  - Adhered to

#### Louis Pasteur

"To him who devotes his life to science, nothing can give more happiness than increasing the number of discoveries, but his cup of joy is full when the results of his studies immediately find practical implications"





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- Jane Ridden Selection (Paediatric Hospital Level, Tertiary & Quaternary)
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# **THANK YOU**





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