#### NOVEL CLINICAL TRIAL METHODOLOGIES 2019

### Modelling the impact of novel drugs and drug treatment in populations: the example of tuberculosis

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## Overview

- Beyond clinical trials: novel drugs and drug treatments as part of larger health programmes
- The case of tuberculosis
- Modeling the impact of novel TB drugs and treatment programmes: 3 examples
- Conclusions

## Beyond clinical trails: effective and efficient use of novel drugs and drug regimens in populations



## Global coverage of antiretroviral therapy among people living with HIV



Source: UNAIDS 2018 estimates; Global AIDS Monitoring 2018

# Mathematical models in the evaluation of treatment and health programmes



Impact of drug treatment in populations – Types of mathematical models commonly used

- Alternative Outcome 2  $1 - p_3$ Decision tree models Outcome 3  $1 - p_1$ Outcome 4 Alternative 2 Outcome 5  $1 - p_2$ State A 00 < CD4 < 500 Markov models State B State D HIV Death CD4 < 200 State C AIDS
- Population-based, transmission-dynamic models



Pan et al., Lancet Diab Endocr, 2015

Decision Node

Probability Node

Outcome 1

## Tuberculosis worldwide (2017)



That's 28,500 people every day

1.3 million people DIED FROM TB including 300,000 WITH HIV + TB

That's over 4,900 people every day

#### ACCESS TO CARE

6.4 million people had ACCESS TO QUALITY TB CARE

**3.6 million** people **MISSED OUT** 

DRUG RESISTANCE

Only 1 in 4 people needing treatment for multidrugresistant TB in 2015 ACTUALLY RECEIVED IT

Only half of those who started MDR-TB treatment WERE CURED

(Source: WHO)

### Estimated incident TB cases per 100,000 population



WHO Global TB Report, 2018

#### Top 10 global causes of deaths, 2016



## Timeline for tuberculosis drug development





#### Macozinone\*

\*New chemical class. Known chemical classes for any indication are color coded: fluoroquinolone, rifamycin, oxazolidinone, nitroimidazole, diarylquinoline, benzothiazinone, imidazopyridine amide, beta-lactam.

<sup>1</sup>New Molecular Entities not yet approved, being developed for TB or only conditionally approved for TB. Showing most advanced stage reported for each. Details for projects listed can be found at <u>http://www.newtbdrugs.org/pipeline/clinical</u>

Squaramides

Ongoing projects without a lead compound series identified: http://www.newtbdrugs.org/pipeline/discovery

#### <u>Underline</u> = new to Phase since March 2018



www.newtbdrugs.org

Updated: October 2018

## **Overview of examples**

Author	Year	Title
Dye et al.	1998	Prospects for worldwide tuberculosis control under the WHO DOTS strategy
Kendall et al.	2017	Priority-Setting for Novel Drug Regimens to Treat Tuberculosis: An Epidemiologic Model
Kunkel et al.	2016	Benefits of continuous isoniazid preventive therapy may outweigh resistance risks in a declining tuberculosis/HIV co-epidemic

### WHO declares TB a global emergency in 1994



## Deaths



#### Deaths from Infectious and Parasitic Diseases in 1990, Over Age 5

Deaths by cause, as reported by the World Bank, are lower than cause-specific mortality estimates developed by WHO on the basis of detailed country reports. Tropical diseases include trypanosomiasis, Chagas' disease, schistosomiasis, leishmaniasis, lymphatic filtariasis and norhocerciasis. Source: World Bank, World Development Report 1993.

## WHO's DOTS strategy, 1995

- "Direct Observed Treatment Short-course" strategy
- Aim: to provide high-quality TB treatment globally
- 5 elements:
  - Political commitment
  - Case detection through bacteriology
  - Standardized treatment, with supervision and patient support
  - Effective drug supply system
  - Monitoring and impact evaluation

#### **Global TB control targets for 2010:**

70% Case detection under DOTS, 85% Treatment success

#### **Prospects for worldwide tuberculosis control under the WHO DOTS strategy**



Population-based transmission-dynamic model

Dye et al., The Lancet, 1998

# Projected TB incidence when meeting the targets for DOTS



WHO estimates 2018

Dye et al., The Lancet, 1998

# Modeling to inform priority setting for novel TB drugs

- Different characteristics of treatment matter for reducing TB deaths and new cases:
  - Efficacy
  - Duration
  - Ease of adherence
  - Medical contraindications
  - Barrier to resistance
  - Baseline prevalence of resistance
- Modeling can help understand the impact that these characteristics have when implementing novel drug regimens

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RESEARCH ARTICLE

#### Priority-Setting for Novel Drug Regimens to Treat Tuberculosis: An Epidemiologic Model

Emily A. Kendall<sup>1</sup>\*, Sourya Shrestha<sup>2</sup>, Ted Cohen<sup>3</sup>, Eric Nuermberger<sup>1</sup>, Kelly E. Dooley<sup>1,4</sup>, Lice Gonzalez-Angulo<sup>5</sup>, Gavin J. Churchyard<sup>6</sup>, Payam Nahid<sup>7</sup>, Michael L. Rich<sup>8,9</sup>, Cathy Bansbach<sup>10</sup>, Thomas Forissier<sup>10</sup>, Christian Lienhardt<sup>5</sup>, David W. Dowdy<sup>2</sup>

A. Overall Model



#### B. Treatment selection, novel rifampinsusceptible (RS) regimen



C. Treatment selection, novel rifampinresistant (RR) regimen



Kendall et al., PLoS Med, 2017

### Impact of different characteristics on TB mortality



Fraction of total mortality impact lost

Kendall et al., PLoS Med, 2017

#### Impact of different characteristics on TB mortality



# Benefits vs. resistance risk of extending isoniazid preventive therapy in Botswana

- Isoniazid recommended for TB preventive therapy among HIV-infected people
- Among people living with HIV, longer durations of IPT may increase effectiveness but increase selective pressure for drug resistance
- Aim of model: to determine the relative importance of these two effects

## Transmission-dynamic model of continuous vs. 6-months IPT among HIV-infected people



# Key findings

- in a declining TB epidemic (Botswana), the benefits of continuous IPT outweigh resistance risks
- in a scenario of increased transmission, the benefits of longer IPT may be eroded by increasing drug resistance
- the benefits of IPT may outweigh any increase in resistance when coupled with strong TB and HIV casefinding and treatment programs, and robust drugresistance surveillance



#### Isoniazid-resistant TB (MDR + monoresistant)

Kunkel et al., AIDS, 2016

## Conclusions

- Increasing use of mathematical modelling to inform the impact of novel TB drugs and drug treatment
- Mathematical models can be helpful to guide decision making beyond clinical trials, specifically for:
  - Evaluating the impact of treatment programmes
  - Setting priorities for drug development
  - Projecting beneficial vs. adverse effects (drug resistance)

## SACEMA - DTTC Tuberculosis Modelling Partnership and Research Programme





# Working Group Data Analysis & Modelling WGDAM



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## Thank you!

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